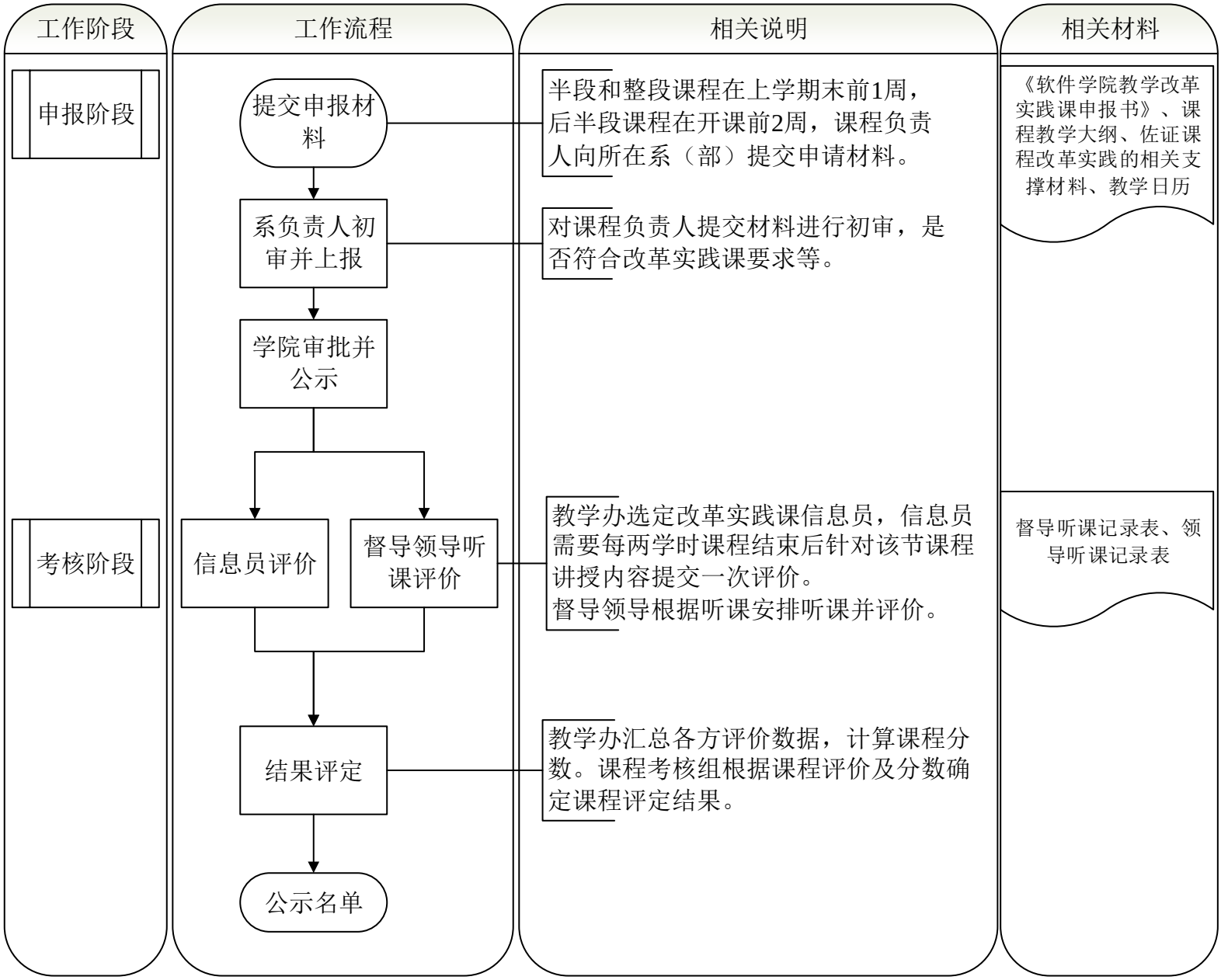软件学院教学改革实践课评选工作流程